



SKIN AND BEAUTY

with Dr Ingrid Tall



WHAT IS A VAMPIRE FACIAL?

THE VAMPIRE FACIAL, also known as platelet-rich plasma or PRP treatment, is an increasingly popular method for facial, hand, eye, décolletage and neck rejuvenation.

Used by celebrities such as Angelina Jolie and Kim Kardashian, this simple procedure involves taking a normal blood test and spinning the blood down in a centrifuge to concentrate the platelet-rich plasma. This clear fluid is then infiltrated into the desired areas of the skin. For best results, experts recommend a series of three treatments one month apart.

Platelet-rich plasma has many rejuvenation benefits and is also used in the treatment of burns, orthopaedics, ophthalmology and physiotherapy to accelerate healing.

As we age, the collagen and elastin in our skin becomes depleted. PRP treatments are designed to help skin become progressively thicker, tighter and more supple, therefore reducing the appearance of fine lines and wrinkles. Book an appointment now to find out whether a Vampire Facial is right for you.

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